

the resource for people with disabilities

Virtual Peer Support Group

Peer Support Group for People with Disabilities



Let's connect on Zoom for open discussions on life, stress, successes, family, struggles (whatever is on your mind). Now more than ever we need to remember that we are not alone. Come prepared to learn about an independent living topic and participate in fun activities!

All meetings will be held virtually at this time. Please contact Tonya Villwock or Calli Niemi for details and link.

Group meets 5:30 pm—7:00 pm on the 2nd & 4th Mondays of each month

January 11 & 25, 2021 February 8 & 22, 2021 March 8 & 22, 2021 April 12 & 26, 2021 May 10 & 24, 2021 June 14 & 28, 2021 July 12 & 26, 2021 August 9 & 23, 2021 September 13 & 27, 2021 October 11 & 25, 2021 November 8 & 22, 2021 December 13, 2021

To RSVP or to request accommodations, please contact: **Tonya Villwock** at 414- 731-7834 V/Relay or <u>tvillwock@independencefirst.org</u> **Calli Niemi** at 414-403-8230 or <u>cniemi@independencefirst.org</u>

Environmental and Chemical Sensitivities Reasonable Accommodations Independence For the safety and comfort of those with First is committed to providing the highest chemical and environmental sensitivities, degree of accessibility when offering agency-Independence First requests that when sponsored events. Please notify Tonya attending agency-sponsored events, please Villwock at 414-731-7834 V/Relay or refrain from using any perfumed products such tvillwock@independencefirst.org with your as scented soaps, deodorants, perfumes, disability-related accommodation requests by 2 colognes and heavily scented fabric softeners. weeks before the group meeting. We will do our To maintain a smoke-free environment, please best to honor accommodation requests made also refrain from smoking in paths of travel and after this date. doorways.