



LadiesFirst Support Group

Peer Support Group for Women with Disabilities



Open, casual group for women with disabilities to talk about anything— life, relationships, family, struggles... whatever is on your mind.

Also come prepared to learn about an independent living topic!

**All meetings take place at
First United Methodist Church—Lower Level (ACAP)
121 Wisconsin Ave., Waukesha, WI 53186**

Group meets 10-11 a.m. on the fourth Tuesday of each month

October 22, 2019	April 28, 2020
November 26, 2019	May 26, 2020
NO December Meeting	June 23, 2020
January 28, 2020	July 28, 2020
February 25, 2020	August 25, 2020
March 24, 2020	September 22, 2020

To RSVP or to request accommodations, contact Tonya Villwock at 414-731-7834 V/Relay or tvillwock@independencefirst.org

Reasonable Accommodations

IndependenceFirst is committed to providing the highest degree of accessibility when offering agency-sponsored events. Please notify **Tonya Villwock** at 414-731-7834 V/Relay or tvillwock@independencefirst.org with your disability-related accommodation requests by 2 weeks before the group meeting. We will do our best to honor accommodation requests made after this date.

Environmental and Chemical Sensitivities

For the safety and comfort of those with chemical and environmental sensitivities, IndependenceFirst requests that when attending agency-sponsored events, please refrain from using any perfumed products such as scented soaps, deodorants, perfumes, colognes and heavily-scented fabric softeners. To maintain a smoke-free environment, please also refrain from smoking in paths of travel and doorways.